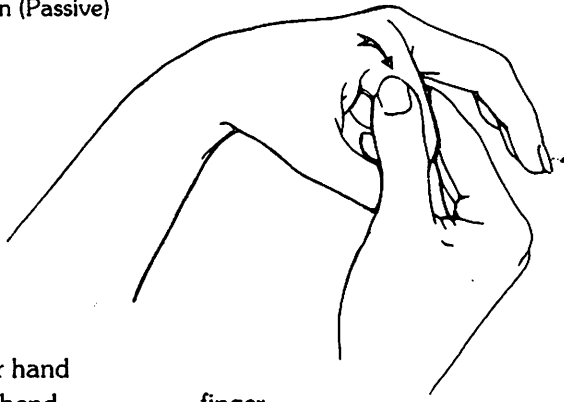


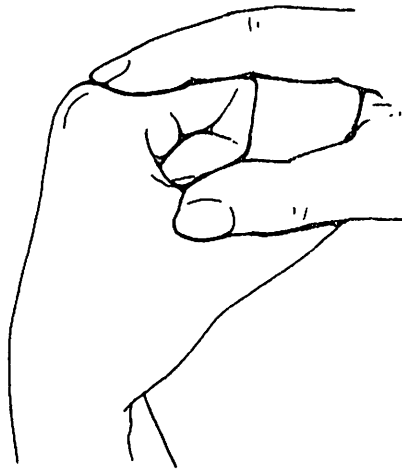
FINGER - 1
MP Flexion (Passive)



Use other hand to gently bend _____ finger at large knuckle. Hold _____ seconds. Repeat _____ times. Do _____ sessions per day.

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FINGER - 37
MP / PIP / DIP Composite Flexion (Passive Stretch)



Use other hand to bend _____ finger at all three joints.

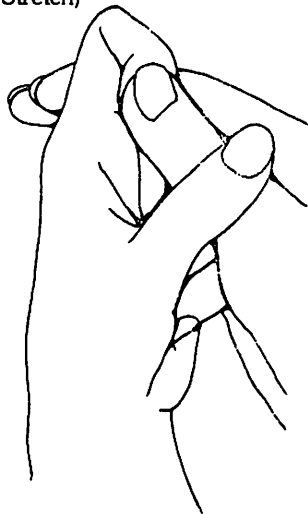
Hold _____ seconds.

Repeat _____ times.

Do _____ sessions per day.

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FINGER - 36
PIP / DIP Composite Flexion (Passive Stretch)



Use other hand to bend middle and tip joints of _____ finger.

Hold _____ seconds.

Repeat _____ times.

Do _____ sessions per day.

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